

EST.
2006



SUGAR CAKES

Patisserie & bistro

BREAKFAST SIDES

- SCRAMBLED EGGS \$5.50
- Egg Whites \$6.50
- 1 Fried Egg \$1.99
- 2 Fried Eggs \$3.99
- 2 POACHED EGGS \$2.99
- 2 SAUSAGE PATTIES \$5.95
- 3 STRIPS OF BACON \$5.95
- NUTELLA \$2.75
- FRUIT CUP \$2.95 BOWL \$5.95
- BIRCHER MUESLI (CUP) \$4
- BIRCHER MUESLI (BOWL) \$5.95
- TOAST \$2.50-1 Slice \$3.25-2 Slices
- TOASTED ENGLISH MUFFIN \$3.50
- CIABATTA \$4
- AVOCADO \$2.95
- CREAM CHEESE \$2.09
- SAUTÉED CHEF POTATOES \$6
- GRITS \$5
- CHEESE GRITS \$6
- CHEESE \$2.50
- 2 Slices of Provolone or Swiss
- BAGEL & CREAM CHEESE (PLAIN) \$4



MORNING STARTER FRENCH PASTRIES

BUTTER CROISSANT
CHOCOLATE CROISSANT
CHEESE DANISH

CUSTARD RAISIN DANISH
ALMOND CROISSANT
CINNAMON PECAN DANISH

ALMOND PEACH DANISH
APPLE DANISH
MUFFINS

Breakfast specialties

Served all day. Substitutions and/or menu deconstructions are subject to price adjustment.

*SHRIMP & GRITS 16.95

Sautéed Shrimp with Cajun Bechamel, Crushed Bacon and Bell Peppers with Cheddar on Grits. Topped with 2 Fried Eggs.

COUNTRY FRENCH

BREAKFAST 14

Classic French Breakfast! Scrambled Eggs, 3 Strips of Bacon, Sautéed Chef Potatoes, Grilled Tomato and a French Butter Croissant.

CRÈME BRÛLÉE

FRENCH TOAST (2) 11.95

Texas Toast Dipped in Tahitian Vanilla Creme Brulee, Pan-Fried to Golden Brown and topped with Vanilla Powdered Sugar. Served with Syrup and Choice of Fruit, Grits, Cheese Grits or Potatoes.

LOW-FAT YOGURT PARFAIT

(MADE TO ORDER) 8.25

Low-fat Vanilla Yogurt. Honey Crisp Granola and Fresh Seasonal Berries.

BELGIAN WAFFLE 13.95

Golden Belgian Waffle Sprinkled with Vanilla Powdered Sugar and Syrup on the side, with choice of Bacon, Sausage Patties or Scrambled Egg. Served with fruit.

*AVOCADO TOAST 10

Honey Wheat with choice of made-to-order egg

BREAKFAST SANDWICHES

HAM & CHEESE

CROISSANT 11.95

French Butter Croissant Served with Ham, Egg, Melted Swiss Cheese. Choice of Fruit, Potatoes, Grits or Cheese Grits.

*FRIED EGG BLT BRICHOE 12

Fried Egg with Bacon, Mayo, Lettuce, Tomato and Avocado on French Brioche.

Choice of Fruit, Potatoes, Grits or Cheese Grits. Sub Egg White +1

SUNRISE BLT 12

Strips of Crispy Bacon on 2 layers of Toasted Whole Wheat Bread, Mayo, Lettuce, Tomato. Choice of Fruit, Potatoes, Grits or Cheese Grits.

SWEET CRÊPE

CHOCOLATE AND BANANA CRÊPE 10.95

Warm French Pancakes with Chocolate Nutella® and Fresh Banana. Served with Berries, and Crème Chantilly. *Contains Nut Product

SWEET CRÊPE WITH BERRIES SAUCE 10

Warm Crêpe with Mixed Berries Sauce, Vanilla Powder Sugar and Crème Chantilly.

BUILD YOUR OWN BREAKFAST SELECTIONS

Choice of Veggies

- Bell Pepper
- Onion
- Mushroom
- Organic Baby Spinach
- Black Olive
- Jalapeños

Choice of Meats

- Diced Ham
- Diced Turkey
- Bacon
- Sausage
- Grilled Chicken

Choice of Cheese

- Provolone
- Swiss
- Shredded Cheddar
- Crumbled Feta
- Smoked Gouda
- Goat Cheese

(Add \$1.25 for each additional selection)

MORNING

SCRAMBLED 14.95

Scrambled Egg Sautéed with Your Choice of 4 Breakfast Selections, Served with a Warm Croissant and Seasonal Fresh Fruit.

Egg White Add \$1.00

BUILD YOUR OWN OMELETTES 15.95

Made-to-Order Omelettes with Your Choice of 4 Breakfast Selections. Served with a Fruit Cup, and your Choice of Sautéed Potato or Wheat Toast.

BREAKFAST CRÊPE 15.95

French Inspired Breakfast Pan Cake. Scrambled Egg Sautéed with Your Choice of 4 Breakfast Selections, Topped with Creamy Mushroom Sauce. Served with Fresh Warm Croissant.

ALL ABOUT BENEDICTS

Served with Fruit Cup, Potatoes, Grits or Cheese Grits

*THE ORIGINAL 15.95

Grilled Canadian Bacon, Toasted English Muffin, 2 Poached Eggs and Creamy Hollandaise.

*SMOKED SALMON BENEDICT 16.95

2 Poached Eggs, Toasted English Muffin and Local Farm Smoked Salmon, topped with Creamy Hollandaise, and Capers.

*FRIED GREEN TOMATO & PORT 15

Roasted Peppers & Onion, Portobello and Fried Green Tomatoes

*Advisory: Egg and other Shellfish may be cooked to order. However, the consumption of raw or undercooked food such as egg and shellfish which may contain harmful bacteria may cause serious illness especially if you have certain medical conditions.

KIDS

10yrs old and younger
Over 10yrs +3.00
Includes Milk, Soda, or Juice

Vanilla Crème Brûlée
French Toast (1) 7

Served with Fresh Fruit and Syrup

Jr. Country French
Breakfast 8

Scrambled Egg, 2 strips of
Bacon and a Butter Croissant

Cheese Omelette 8.50
Choice of Cheese. Served with
Fresh Fruit

Lunch Specialties

SALADS

Served with Crackers. Add \$4.50 for Grilled Chicken, Add \$4.95 for Chicken Salad, Add \$4.50 for Tuna Avocado, Add \$3.50 for Fried Chicken

BALSAMIC HOUSE SALAD 8.95
Spring Mix Greens, Tomatoes, Toasted Almonds, Cranberries, and Feta Cheese with Our Own Balsamic Vinaigrette Dressing. (Also Available with Ranch)

CAESAR SALAD 8.95
Crisp Romaine Lettuce w/ "Home-Made" Herb Croutons, and Shaved Parmesan Cheese Tossed in a Smooth Caesar Dressing.

GREEK SALAD 8.95
Heart of Romaine Lettuce Tossed in a Greek Dressing with Crouton, Feta, Black Olive, Cherry Tomatoes & Onions.

SANDWICHES AND WRAPS

Sandwiches served with a Pickle and your Choice of Fries, Chips or an Apple. All Wraps are Served with a Salad of your Choice. Add \$3.95 for Fresh Fruit Bowl Substitution. Other substitutions and/or menu deconstructions are subject to price adjustments.

FRENCH CHICKEN SALAD CROISSANT 14
Chicken Salad with Lite Mayo, Celery, Tarragon and Grapes on Our Famous French Butter Croissant, Served with a Side House Salad. Sandwich only and side (Fries, Chips or an Apple) 10.75

COUNTRY SMOKED TURKEY BREAST SANDWICH 12.95
Smoked Honey Pepper Turkey Breast with Mayo, Sliced Tomato, Lettuce, Provolone Cheese and Honey Dijon on Toasted Sour Dough Bread.

HAM & CHEESE CROISSANT 12.95
Toasted "Home-Made" Butter Croissant with Black Forest Ham, Tomato, Mayo, Lettuce and Swiss Cheese.

TURKEY CLUB SANDWICH 14
Honey Pepper Turkey Breast with Mayo, Sliced Tomato, Lettuce, Bacon, and Honey Dijon on 3 Slices of Toasted Whole Wheat Bread.

CLASSIC BLT 13.50
Six Strips of Bacon on Three Layers of Toasted Honey Wheat, Mayo, Lettuce & Sliced Tomato.

CALIFORNIA BLT 14
Six Strips of Bacon, with Fresh Avocado on Three Layers of Toasted Honey Wheat, Mayo, Lettuce & Sliced Tomato.

HOT ENTREES & WARM SANDWICHES

Other substitutions and/or menu deconstructions are subject to price adjustment.

PASTRAMI REUBEN 14
Warm Grilled Pastrami with Sauerkraut, Thousand Island and Melted Swiss on Rye Bread. Served with your choice of Chips, Fries or an Apple.

GRILLED CHICKEN CIABATTA 14
Grilled Chicken Breast with Roasted Bell Pepper, Onion, Pesto Mayo and Melted Swiss Cheese on "Home-Made" Ciabatta Bread. Served with your choice of Chips, Fries or an Apple.

SALMON SALAD 16.95
Fresh Salmon Pan Seared to Perfection with Lemon Butter Sauce. Served with House Salad and crackers.

VEGGIE SANDWICH 14
Roasted Bell Pepper, Onion, Fried Green Tomato, Spinach and Portobello Mushroom with Swiss Cheese on Ciabatta Bread. Served with your choice of Chips, Fries or an Apple.

QUICHES

Quiches are Served with a Salad of your choice (Balsamic House, Caesar or Greek) Add \$3.95 for Fruit Bowl Substitution. Add \$4.95 for Soup Substitution.

QUICHE LORRAINE 14
Classic Quiche Lorraine - Smoked Bacon Sautéed with Onion and Baked to Perfection with Cheddar.

SPINACH & MUSHROOM QUICHE 14
"Baked Daily" For Veggie Lovers. Sautéed Baby Spinach with Mushrooms, Topped with Melted Cheddar.

SOUPS

Served with Crackers
MUSHROOM & BRIE 8
(with Herb Croutons)
TOMATO BASIL 8

THE DUET 13.95
Your Selection of Two Items Among
½ Sandwich-Salad-Soup.

OR TRIO COMBINATION 15.95
Duet/Trio Sandwich Selections Are: (French Chicken Salad Croissant, Country Smoked Turkey, Reuben, Ham & Cheese Croissant, Turkey Club, Grilled Cheese, or BLT)

ADULT GRILLED CHEESE 12
With Wheat Bread and your Choice of Cheese

TUNA AVOCADO 12.95
With Toasted Honey Wheat, Lettuce and Tomato.

GRILLED CHICKEN WHOLE WHEAT WRAP 13.95
Grilled Chicken with Green Lettuce, Granny Smith Apple, Tomato, Wasabi Mayo and Swiss Cheese.

FRIED CHICKEN WRAP 13.95
Fried Chicken Strip with Lettuce, Tomato, Provolone Cheese and Honey Mustard on Whole Wheat Wrap.

LUNCH SIDES

SIDE SALAD 7.00
House, Caesar or Greek

CHEESE 2.50
Slices of Provolone, Swiss, Grated Cheddar or Goat Cheese

SWEET POTATO WAFFLE FRIES 6.00

FRIES 5.50

FRUIT CUP 2.95

FRUIT BOWL 5.95

CHIPS 1.99

APPLE 1.99

BANANA 1.99

KIDS

Includes Beverage, Chips, Fries or an Apple and a choice of a cookie.
+100 for Fruit Cup Substitution

Grilled Cheese Sandwich 7.95

Peanut Butter and Jelly 6.50 (Contains Nut Product)

Chicken Fingers 7.95
Served with Honey Mustard

BEVERAGES & JUICES

ORANGE JUICE 5.50

APPLE JUICE 5

VITAMIN WATER 2.39

MILK 2.95

CHOCOLATE MILK 5

HOT CHOCOLATE (SM) 3.95 (LG) 5.95

ICED TEA 2.95

SOFT DRINKS 2.39

SPARKLING WATER (SM) 4.95 (LG) 6.95

DASANI WATER 2.39

PINK LEMONADE 3.50

ARNOLD PALMER 4.95

MIMOSA 12.95

COFFEE & ESPRESSO DRINKS

HOUSE BLEND COFFEE (Dine In) 2.95

Add Almond Milk: 0.95

Add Soy: 0.95, Add Syrup: 0.95
Decaf Espresso Drinks, Add: 0.95

AMERICANO (SM) 2.95 (LG) 4.95

CAFÉ LATTE (SM) 3.95 (LG) 4.95

CAFÉ MOCHA (SM) 4.25 (LG) 5.25

CAFÉ AU LAIT (SM) 2.95 (LG) 3.50

ESPRESSO SHOT \$2.75
Double 3.25, Extra Shot 1.50

CAFÉ CAPPUCCINO (SM) 3.95 (LG) 4.95

CAFÉ WHITE MOCHA (SM) 4.25 (LG) 5.25

CAFÉ MACCHIATO (SM) 4.25 (LG) 5.25

LUNCH SERVED ALL DAY

